

Date: _____

Subject (patient name): _____

Patient DOB: _____

Patient job title: _____

Dear Provider:

Due to the current pandemic, Bellin Health is requesting your assistance in determining if the above named team member requires work limitations for performing the work duties to which they have been assigned.

There may be scenarios where high-risk team members (see definition below) should not be performing high-risk work activities (see definition below).

Team members at higher risk of severe illness from COVID-19:

- Age > 65, regardless of medical history.
- People with chronic lung disease or moderate to severe asthma.
- People who have serious heart conditions.
- People who are immunocompromised.
- Severe obesity (BMI 40 or higher).
- Diabetes.
- Chronic kidney disease undergoing dialysis.
- Liver disease.
- Other medical history, as determined on a case-by-case basis.

Activities placing team members at high risk of transmission:

- Caring for, or attending to, known or suspected COVID-19 patient(s):
 - Entering patient room or being within 6 feet of patient.
 - Performing aerosol-generating procedure or being present for the procedure, as defined as being in the room or within 6 feet of the patient.

Medical Fitness Determination

- Please check this box if the above named team member is considered to be at high risk, as defined above.** If the team member does not have appropriate PPE available and they meet the definition of high risk, we recommend they do not perform the high-risk activities listed above. If the medical condition causing the worker to be at increased risk is temporary, please include an expiration date on the next page.

Essential PPE is defined as a PAPR or N95 respirator or face mask, gown, gloves, and face shield/eye protection. A face mask is considered adequate for most confirmed or suspected COVID-19 patient contact, but a PAPR or N95 or higher respirator is required when performing an aerosol-generating procedure or being present for the procedure, as defined as being in the room or within 6 feet of the patient.

When supply is available, employees will be supplied with N95 or higher-level respirators for all contact with confirmed or suspected COVID-19 positive patients. When respirators are not available, a face mask is an acceptable alternative for patient contact not related to aerosol-generating procedures. Consistent with CDC Contingency Capacity Strategies, employees may be extending the use of face masks by wearing the same face mask for repeated close contact encounters with several different patients without removing the face mask between patient encounters. We will attempt to keep the patient masked and in a negative pressure room when available.

If you feel that additional limitations and/or accommodations are required, please list them below:

Without appropriate PPE, the worker:

- Should not work in units containing suspected or confirmed positive COVID-19 patients.
- Must work a minimum of 6 feet away from other employees.
- Should stay at home, work remotely, or via TeleHealth.

Even with appropriate PPE, the worker:

- Should be restricted from being in the patient room during aerosolizing procedures.
- Should be restricted from the high-risk activities (listed above).
- Should be restricted from working in units containing suspected or confirmed positive COVID-19 patients.
- Must work a minimum of 6 feet away from other employees.
- Should stay at home, work remotely, or via TeleHealth.

Expiration date: _____

Comments: _____

Provider name: _____

Provider signature: _____

The team member is responsible for returning this letter to their Leader.

If the Leader is unable to address the recommendations provided by the PCP, the Leader should contact their Human Resources' Business Partner.